



# Adult Course Guide

AUTUMN 2020  
SEPTEMBER - DECEMBER





# WELCOME TO OUR Autumn Adult Course Guide

## What we do...

Lancashire Adult Learning, alongside Nelson and Colne College and Accrington and Rossendale College, are part of the Nelson and Colne College Group. Together we offer a wide range of programmes, which are designed to help you get back into work, enjoy for leisure, develop your Maths and English and improve your digital skills.

We also offer a range of Professional Skills and Higher Level qualifications for adults looking to change their career or who want to upskill within their current job role, find out more in this Guide.

## What's on offer this Autumn...

This Autumn we're offering a wide range of flexible programmes to suit you, with courses online and in some of our venues, where possible and safe to do so.

Why not have a go at something new with one of our free introductory sessions? You may have developed a hobby over lockdown that you would like to improve on, or you may be keen to learn a new skill. Get creative with one of our Arts and Media courses, develop employability skills to get you back into work, find inspiration to improve your children's learning at home, or immerse yourself in a number of ways to improve your health and wellbeing.

If Maths and English are holding you back, we have a variety of free, high-quality Functional Skills available in English and Maths, to include a fast-track programme. We also offer courses for ESOL and digital skills.

With the majority of our sessions being offered online, there are no limitations - you can learn anywhere. Learn something new today with Lancashire Adult Learning!

Many of our online courses run flexibly and you can take part at your own pace. Don't worry if you miss the start date for our online courses, you will still be able to enrol online at [www.lal.ac.uk](http://www.lal.ac.uk)

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## New for this Autumn...

1:1 support for finding employment

New opportunities and training for volunteering

New online fast-track Maths and English programme now available!

Our Health and Social Care Immersive Hub - training for working in this rewarding sector

Essential digital skills programmes to get you confident and safe online

Degree level programmes available online or while you work



# Our Courses



## Community Learning (online)

For those looking to develop a hobby or learn a new skill at this time, we have shaped our Autumn offer with online learning to suit you. Courses are available across a range of areas including Arts and Media, Health and Wellbeing, Humanities Languages and Volunteering, and if you are continuing to homeschool your children, we have some fantastic Family Learning courses for you to enjoy.



## Skills for Work

For those looking to improve employability, get back into work or change their career during this uncertain time. Learn new skills for work with our variety of short courses. Our team can also provide one-to-one support with CVs, online applications and employability skills both over the phone and online to get you where you want to be. If your CV is holding you back, we have a new fast-track Maths and English programme available - gain a qualification online in just 10 weeks! Enquire today.



## Professional Skills

For those looking to build their CV, change their career path or advance their knowledge in a particular sector, we have a range of Professional Skills qualifications available. Sectors available this September range from Accountancy to Hair and Beauty, Teaching and more. For our Professional Skills qualifications you will require an interview. Please complete an application online at [www.nelson.ac.uk](http://www.nelson.ac.uk) or [www.accross.ac.uk](http://www.accross.ac.uk)



## Higher Education

For those looking to fast-track their career and increase their earning potential, we have a range of higher level qualifications, starting this September. These courses are ideal for those looking to advance their career within their chosen sector. For our Higher Education qualifications you will require an interview. Please complete an application online at [www.nelson.ac.uk](http://www.nelson.ac.uk) or [www.accross.ac.uk](http://www.accross.ac.uk)



# Our Courses

## Accountancy

Get the qualifications you need this September with one of our AAT courses - our blended classroom and online learning can help get you where you need to be.

COURSE	CODE	VENUE	TIMES	DATE	DAY	WEEKS	COST
PS AAT Foundation Level 2	AACCP201	Accrington and Rossendale College	9am - 1pm	1st September	TUE	36	£980 ▲
PS AAT Foundation Level 2	AACCP201	Accrington and Rossendale College	5pm - 9pm	2nd September	WED	35	£980 ▲
PS AAT Foundation Level 2	NACCP201	Nelson and Colne College	6pm - 9pm	1st September	TUE	36	£980 ▲
PS AAT Intermediate Level 3	AACCP301	Accrington and Rossendale College	3pm - 9pm	7th September	MON	33	£1440 ▲●
PS AAT Intermediate Level 3	NACCP301	Nelson and Colne College	3pm - 9pm	9th September	WED	34	£1440 ▲●
PS AAT Technician Level 4	NACCP401	Nelson and Colne College	3pm - 9pm	3rd September	THU	40	£2165 ●



Course Type Key: **CL** Community Learning and Skills **SW** Skills for Work **PS** Professional Skills **HE** Higher Education

▲ These courses may be free. Eligibility applies, please see Fees section.

● Material costs/software requirements may apply ● Learner Loan may be available

For all online courses you will need access to a device or tablet and internet access. Our team can also help you in getting started online - please enquire.

## Arts and Media

Make use of your time at home and get crafty with our Arts and Media courses including watercolour painting, calligraphy and candle making. Learn or improve your sewing skills in both machine and hand sewing. There is something for everyone!

COURSE	CODE	VENUE	TIMES	DATE	DAY	WEEKS	COST
CL Children's Book Illustration for Beginners	BATN1081	Online	Flexible	23rd September	Flexible	4	£50 ▲
CL Children's Book Illustration for Beginners	BATN1081	Online	Flexible	24th September	Flexible	4	£50 ▲
CL Digital Photography for Beginners	BATN1003	Online	6pm - 9pm	3rd November	TUE	5	£93 ▲
CL Digital Photography Intermediate	BATN1004	Online	6pm - 9pm	22nd September	TUE	5	£93 ▲
CL Discover: Candle Making	BATN1068	Online	10am - 2pm	6th August	THU	1	£25 ▲
CL Discover: Candle Making	BATN1068	Online	11am - 3pm	15th August	SAT	1	£25 ▲
CL Discover: Candle Making	BATN1068	Online	10am - 2pm	24th September	THU	1	£25 ▲
CL Discover: Candle Making	BATN1068	Online	11am - 3pm	3rd October	SAT	1	£25 ▲
CL Discover: Candle Making	BATN1068	Online	10am - 2pm	22nd October	THU	1	£25 ▲
CL Discover: Candle Making	BATN1068	Online	11am - 3pm	7th November	SAT	1	£25 ▲
CL Discover: Charcoal for Beginners	BATN1060	Online	Flexible	22nd September	Flexible	4	£50 ▲
CL Discover: Different Hand Sewing Techniques	BATN1086	Online	1pm - 3pm	24th September	THU	4	£50 ▲
CL Discover: Different Machine Sewing Techniques	BATN1085	Online	1pm - 3pm	21st September	MON	4	£50 ▲
CL Discover: Watercolour Landscapes	BATN1066	Online	Flexible	21st September	Flexible	4	£50 ▲
CL Discover: Watercolour Landscapes	BATN1066	Online	Flexible	22nd September	Flexible	4	£50 ▲
CL Discover: Watercolour Portraits	BATN1062	Online	Flexible	21st September	Flexible	4	£50 ▲
CL Discover: Watercolour Portraits	BATN1062	Online	Flexible	23rd September	Flexible	4	£50 ▲
CL Exploring Abstract Art for Beginners	BATN1076	Online	Flexible	24th September	Flexible	4	£50 ▲
CL Exploring Abstract Art for Beginners	BATN1076	Online	Flexible	25th September	Flexible	4	£50 ▲
CL How to Make a Pin Cushion	BATN1044	Online	1pm - 3pm	14th September	MON	1	FREE
CL Introduction to Abstract Art	BATN1089	Online	Flexible	1st September	Flexible	1	FREE
CL Introduction to Abstract Art	BATN1089	Online	Flexible	7th September	Flexible	1	FREE
CL Introduction to Chalk Pastels	BATN1084	Online	Flexible	14th September	Flexible	1	FREE
CL Introduction to Children's Book Illustration	BATN1088	Online	Flexible	1st September	Flexible	1	FREE

Missed the start date? Don't worry, with our online courses we can offer flexible start dates to suit you - please enquire or enrol online at [www.lal.ac.uk](http://www.lal.ac.uk)



CL	Introduction to Children's Book Illustration	BATN1088	Online	Flexible	7th September	Flexible	1	FREE
CL	Introduction to Creative Hand Stitching	BATN1063	Online	1pm - 3pm	17th September	THU	1	FREE
CL	Introduction to Modern Calligraphy	BATN1090	Online	Flexible	17th August	Flexible	1	FREE
CL	Introduction to Modern Calligraphy	BATN1090	Online	Flexible	14th September	Flexible	1	FREE
CL	Introduction to Watercolour Landscapes	BATN1091	Online	Flexible	24th August	Flexible	1	FREE
CL	Introduction to Watercolour Landscapes	BATN1091	Online	Flexible	14th September	Flexible	1	FREE
CL	Introduction to Watercolour Techniques	BATN1087	Online	Flexible	14th September	Flexible	1	FREE
CL	Make Your Own Mask	BATN1092	Online	Flexible	15th September	Flexible	6	FREE
CL	Mandala Art - Greeting Card	BATN1038	Online	1pm - 3pm	11th December	FRI	1	FREE
CL	Modern Calligraphy: Pointed Nib Pen Illustration	BATN1082	Online	Flexible	21st September	Flexible	4	£50 ▲
CL	Modern Calligraphy: Pointed Nib Pen Illustration	BATN1082	Online	Flexible	22nd September	Flexible	4	£50 ▲
CL	Sewing and Dressmaking for Beginners	BATN1026	Online	10am - 12pm	22nd September	TUE	5	£62 ▲
CL	Sewing and Dressmaking for Beginners	BATN1026	Online	10am - 12pm	24th September	THU	5	£62 ▲
CL	Sewing and Dressmaking Beginners Plus	BATN1045	Online	6pm - 8pm	23rd September	WED	10	£124 ▲
CL	Silver Jewellery: Cold Connections and Metals Smithing Theory	BATN1083	Online	6.30pm - 9pm	22nd September	TUE	10	£155 ▲
CL	The Art of Paper Cutting	BATN1020	Online	10am - 12pm	9th December	WED	1	FREE



Course Type Key: **CL** Community Learning and Skills **SW** Skills for Work **PS** Professional Skills **HE** Higher Education

▲ These courses may be free. Eligibility applies, please see Fees section.

● Material costs/software requirements may apply ● Learner Loan may be available

For all online courses you will need access to a device or tablet and internet access. Our team can also help you in getting started online - please enquire.

# Business

COURSE	CODE	VENUE	TIMES	DATE	DAY	WEEKS	COST
HE Access to HE (Business)	NAHEF303	Nelson and Colne College	9.30am - 4pm	21st September	MON, THU & FRI	32	£3380 ▲ ●



## Business HNC/D Online

Study online from the comfort of your own home

Modules available in:

Entrepreneurship | Marketing Essentials | Human Resources Management | Management Accounting | Management and Operations | Business and the Business Environment | Managing a Successful Business Project | Small Business Management

Flexible entry requirements

Sign up today for 50% off

HE loans available

Learn now, pay later



# Childcare and Education

From Preparing to Work in Schools to Support Work and Childcare, earn your CACHE or Level 1 Certificate and take the first steps towards your career in Education and Childcare.

COURSE	CODE	VENUE	TIMES	DATE	DAY	WEEKS	COST
SW CACHE Level 1 Award in Preparing to Work in Schools	BWDN1000	Online	12.15pm - 2.45pm	15th September	TUE	12	£95 ▲
SW CACHE Level 1 Award in Preparing to Work in Schools	BWDN1000	Online	9.30am - 12pm	17th September	THU	12	£95 ▲
SW CACHE Level 1 Award in Preparing to Work in Schools	BWDN1000	Online	6pm - 8.30pm	17th September	THU	12	£95 ▲
SW CACHE Level 2 Award in Support Work in Schools and Colleges	BWDN1003	Online	12.15pm - 2.45pm	14th September	MON	24	£230 ▲
SW CACHE Level 2 Award in Support Work in Schools and Colleges	BWDN1003	Online	6pm - 8.30pm	15th September	TUE	24	£230 ▲
SW CACHE Level 2 Award in Support Work in Schools and Colleges	BWDN1003	Online	9.30am - 12pm	18th September	FRI	23	£230 ▲
SW CACHE Level 2 Award in Support Work in Schools and Colleges - Fast Track	BWDN1003	Online	Flexible	15th September	Flexible	8	£230 ▲
SW Childcare Level 1	BWDN1005	Online	9.30am - 12pm	3rd November	TUE	12	£95 ▲



# Cleaning Services and Facilities Maintenance

From Biohazard, Crime and Trauma Scene Cleaning to Professional Outdoor Cleaning, our Cleaning Services qualifications are suitable for those looking to develop their skills in this industry.

COURSE	CODE	VENUE	TIMES	DATE	DAY	WEEKS	COST
SW Biohazard, Crime and Trauma Scene Cleaning	BFCN1003	Online	Flexible	17th August	Flexible	4	£295 ▲
SW Get into Facilities and Building Cleaning Level 1	BFCN1000	Accrington and Rossendale College	9.30am - 3.30pm	17th August	MON, TUE, THU & FRI	2	£295 ▲
SW Hygiene and Infection Control in Your Community	BFCN1006	Online	Flexible	17th August	Flexible	4	£95 ▲
SW Hygiene and Infection Control in Your Workplace	BFCN1005	Online	Flexible	17th August	Flexible	4	£95 ▲
SW Professional Outdoor Cleaning	BFCN1004	Online	Flexible	17th August	Flexible	4	£295 ▲

# Construction

Gain essential skills for working in this industry with our Health and Safety programme. Other start dates available, please enquire.

COURSE	CODE	VENUE	TIMES	DATE	DAY	WEEKS	COST
SW Health and Safety in Construction Programme	BFCN1007	The Waterside Centre	9.30am - 4.30pm	25th August	TUE, THU & FRI	1	£150

Course Type Key: CL Community Learning and Skills SW Skills for Work PS Professional Skills HE Higher Education

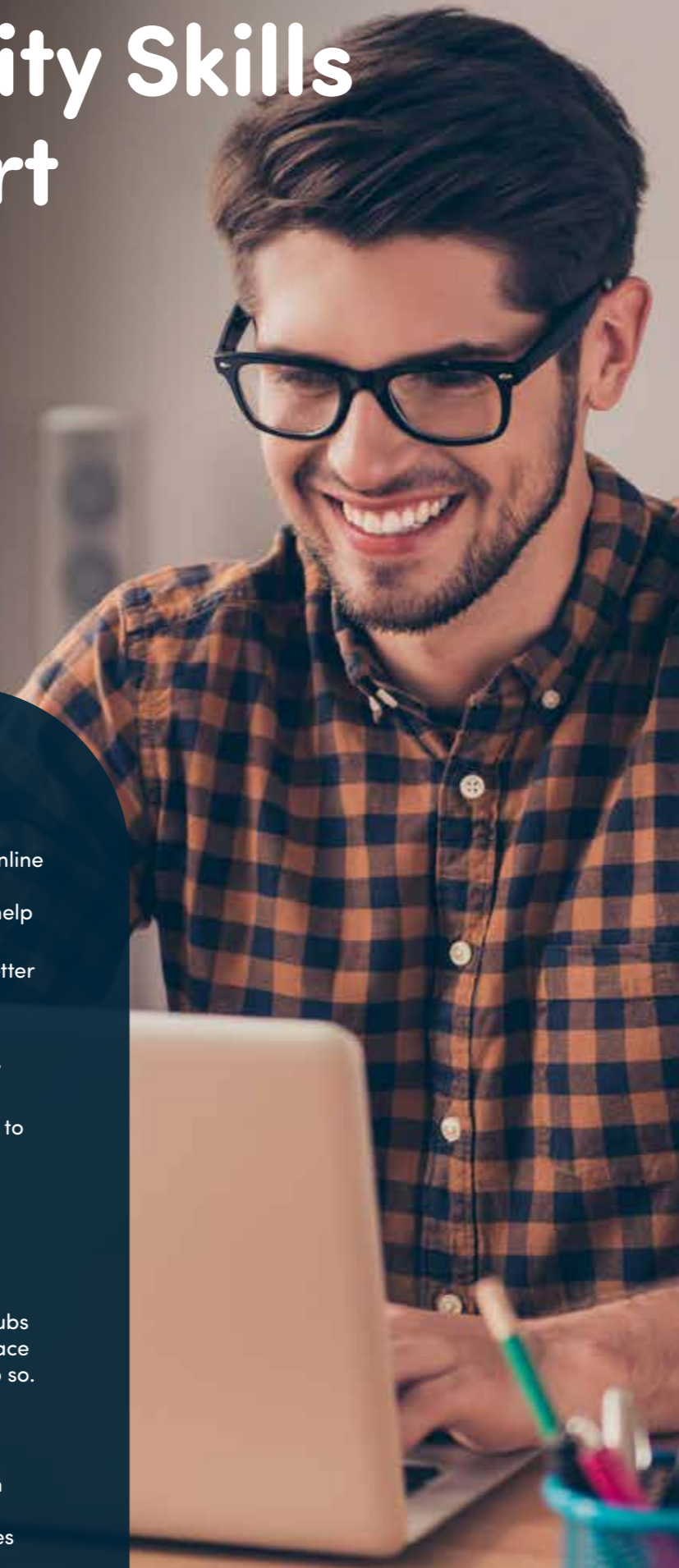
▲ These courses may be free. Eligibility applies, please see Fees section.

● Material costs/software requirements may apply ● Learner Loan may be available

For all online courses you will need access to a device or tablet and internet access. Our team can also help you in getting started online - please enquire.



# Employability Skills and Support



## Looking for a job? Want to change your career?

Improve your employability with our personalised online courses. Our team will work with you to develop an individualised plan to boost your skills. You will get help and advice with:

- How to write and adapt a great CV or covering letter
- Searching and applying for the latest jobs
- Online applications and success profiles
- Interview tips and telephone and online interview practice to boost your confidence
- Identifying transferable skills and matching them to current vacancies
- Information and advice about relevant training opportunities and courses relevant to your future employment

### Our Work Clubs

In the current situation, we have moved our work clubs and courses online, but we will be offering face to face classes across Lancashire, as soon as it is safe to do so. Please visit [www.lal.ac.uk](http://www.lal.ac.uk) for the latest details.

### Are You an Employer?

We also work with employers to deliver courses with potential interviews in the following areas: Business Administration | Customer Service | Facilities and Cleaning | Health and Safety in Construction

If you are an employer, or interested in a place on the course, please call **0333 003 1717**

## Employability Online Courses

If your job has been affected during lockdown or you are a jobseeker, improve your employability skills with our CV and interview courses, learn money management or get help searching for your next job.

COURSE	CODE	VENUE	TIMES	DATE	DAY	WEEKS	COST
SW Bitesize: CV and Interview Tips	BEYN1018	Online	10am - 11am	5th August	WED	1	FREE
SW Bitesize: CV and Interview Tips	BEYN1018	Online	10am - 11am	9th September	WED	1	FREE
SW Bitesize: CV and Interview Tips	BEYN1018	Online	10am - 11am	7th October	WED	1	FREE
SW Bitesize: CV and Interview Tips	BEYN1018	Online	10am - 11am	4th November	WED	1	FREE
SW Bitesize: CV and Interview Tips	BEYN1018	Online	10am - 11am	2nd December	WED	1	FREE
SW Bitesize: Making The Most of Childcare	BEYN1010	Online	Flexible	8th September	Flexible	3	FREE
SW Bitesize: Money Management	BEYN1011	Online	Flexible	7th September	Flexible	3	FREE
SW Bitesize: Risk Assessment	BEYN1020	Online	10.30am - 12pm	16th September	WED	1	FREE
SW Bitesize: Risk Assessment	BEYN1020	Online	Flexible	23rd September	Flexible	1	FREE
SW Bitesize: Risk Assessment	BEYN1020	Online	10.30am - 12pm	11th November	WED	1	FREE
SW CV Writing Skills	BEYN1021	Online	Flexible	2nd September	Flexible	3	FREE
SW Find Your Next Job	BEYN1001	Online	Flexible	24th August	Flexible	6	FREE
SW Get into Business Admin	BEYN1017	Online	Flexible	7th September	Flexible	6	FREE
SW Get into Customer Service	BEYN1022	Online	9.30am - 1.30pm	7th September	MON	6	FREE
SW Get into Self Employment	BEYN1013	Online	Flexible	8th September	Flexible	3	FREE
SW ICT for Job Seekers	BEYN1015	Online	Flexible	24th August	Flexible	3	FREE
SW Interview Masterclass	BEYN1002	Online	Flexible	2nd September	Flexible	2	FREE
SW Introduction to Disclosure	BEYN1012	Online	Flexible	8th September	Flexible	2	FREE
SW Job Searching on Your Mobile	BEYN1016	Online	Flexible	24th August	Flexible	3	FREE
SW Starting Your Own Business	BEYN1014	Online	Flexible	9th September	Flexible	8	£230 ▲
SW Supporting Your Next Career Move	BEYN1009	Online	Flexible	24th August	Flexible	6	FREE

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● Material costs/software requirements may apply ● Learner Loan may be available

For all online courses you will need access to a device or tablet and internet access. Our team can also help you in getting started online - please enquire.





# ESOL

## English for Speakers of Other Languages

### Do you need to improve your English language skills?

Learning or improving your English will help you in all aspects of life, including social skills, studying and getting a job. If English isn't your first language, our ESOL courses will help you to improve your speaking, reading, writing, listening, grammar and punctuation.

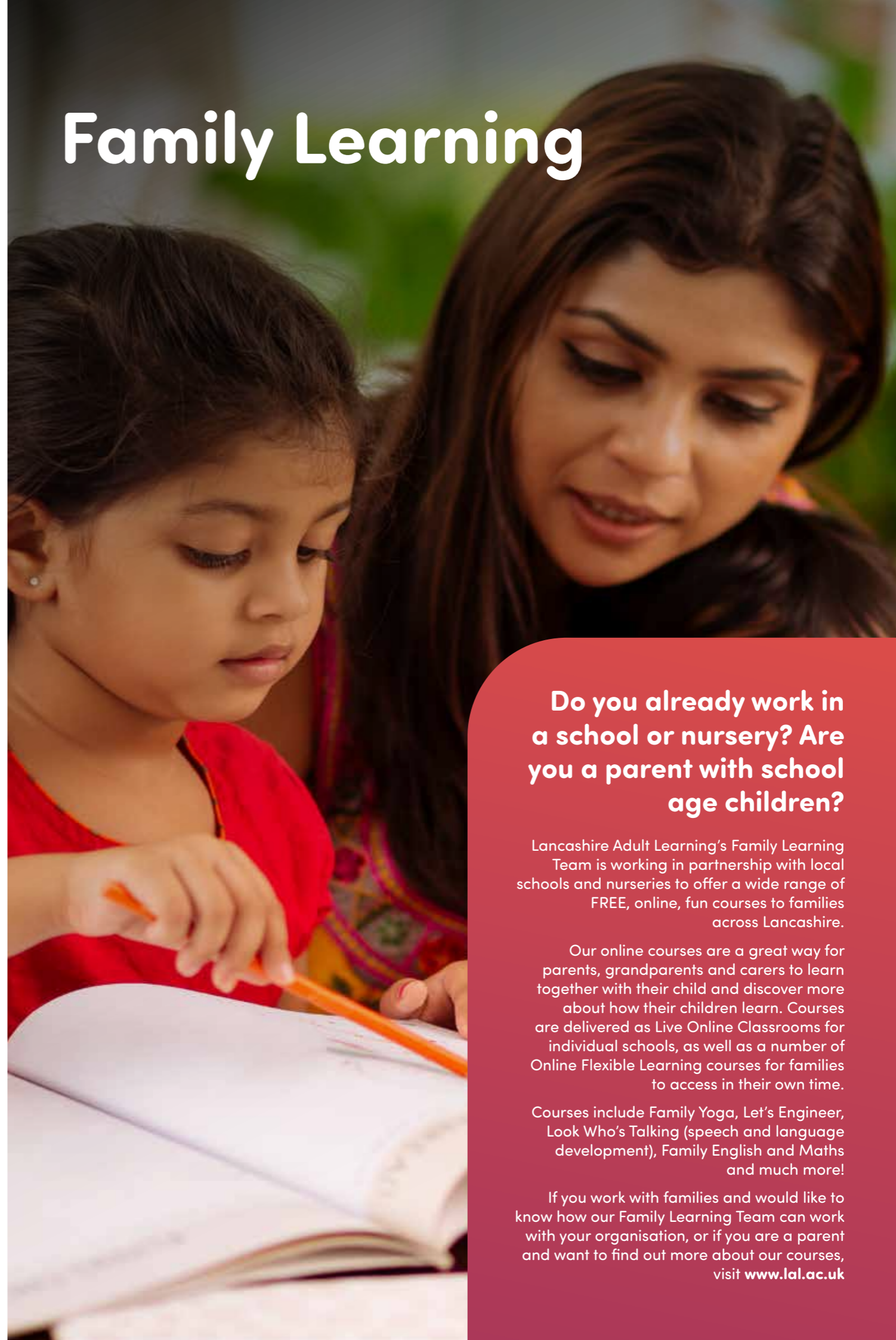
We have venues in:

- 📍 Accrington     📍 Morecambe
- 📍 Burnley        📍 Nelson
- 📍 Chorley         📍 Preston
- 📍 Hyndburn       📍 Rossendale
- 📍 Lancaster      📍 St Annes

Find out more at [www.lal.ac.uk](http://www.lal.ac.uk)

Assessment required.

# Family Learning



### Do you already work in a school or nursery? Are you a parent with school age children?

Lancashire Adult Learning's Family Learning Team is working in partnership with local schools and nurseries to offer a wide range of FREE, online, fun courses to families across Lancashire.

Our online courses are a great way for parents, grandparents and carers to learn together with their child and discover more about how their children learn. Courses are delivered as Live Online Classrooms for individual schools, as well as a number of Online Flexible Learning courses for families to access in their own time.

Courses include Family Yoga, Let's Engineer, Look Who's Talking (speech and language development), Family English and Maths and much more!

If you work with families and would like to know how our Family Learning Team can work with your organisation, or if you are a parent and want to find out more about our courses, visit [www.lal.ac.uk](http://www.lal.ac.uk)



## Family Learning Online Courses

COURSE	CODE	VENUE	TIMES	DATE	DAY	WEEKS	COST
CL Digital Storytelling	BWDN1006	Online	Flexible	17th September	Flexible	3	FREE
CL Family Feel Good	BWDN1007	Online	Flexible	17th September	Flexible	3	FREE
CL Family Feel Good	BWDN1007	Online	9.30am - 12pm	1st October	THU	3	FREE
CL Family Feel Good	BWDN1007	Online	12.15pm - 2.45pm	12th November	THU	3	FREE
CL Family Wellbeing	BWDN1008	Online	Flexible	14th September	Flexible	1	FREE
CL Family Wellbeing	BWDN1008	Online	9.30am - 12pm	24th September	THU	1	FREE
CL Family Wellbeing	BWDN1008	Online	12.15pm - 2.45pm	5th November	THU	1	FREE
CL Family Yoga	BWDN1009	Online	Flexible	16th September	Flexible	3	FREE
CL Fun with Maths	BFMN1000	Online	Flexible	15th September	Flexible	1	FREE
CL Fun with Maths	BFMN1000	Online	9.30am - 12pm	30th September	WED	1	FREE
CL Fun with Maths	BFMN1000	Online	12.15pm - 2.45pm	15th October	THU	1	FREE
CL Fun with Maths	BFMN1000	Online	12.15pm - 2.45pm	5th November	THU	1	FREE
CL Fun with Maths	BFMN1000	Online	9.30am - 12pm	27th November	FRI	1	FREE
CL Fun with Phonics	BFEN1000	Online	9.30am - 12pm	15th September	TUE	1	FREE
CL Fun with Phonics	BFEN1000	Online	Flexible	15th September	Flexible	1	FREE
CL Fun with Phonics	BFEN1000	Online	9.30am - 12pm	21st October	WED	1	FREE
CL Fun with Phonics	BFEN1000	Online	12.15pm - 2.45pm	3rd November	TUE	1	FREE
CL Fun with Phonics	BFEN1000	Online	9.30am - 12pm	9th November	MON	1	FREE
CL Help your Child with Coding at Home	BWDN1011	Online	Flexible	16th September	Flexible	1	FREE
CL Help your Child with Maths at Home	BFMN1001	Online	Flexible	16th September	Flexible	3	FREE
CL Help your Child with Maths at Home	BFMN1001	Online	9.30am - 12pm	7th October	WED	3	FREE
CL Help your Child with Maths at Home	BFMN1001	Online	12.15pm - 2.45pm	12th November	THU	3	FREE
CL Help your Child with Reading at Home	BFEN1001	Online	Flexible	16th September	Flexible	3	FREE
CL Help your Child with Reading at Home	BFEN1001	Online	9.30am - 12pm	22nd September	TUE	3	FREE
CL Help your Child with Reading at Home	BFEN1001	Online	12.15pm - 2.45pm	10th November	TUE	3	FREE

Course Type Key: **CL** Community Learning and Skills **SW** Skills for Work **PS** Professional Skills **HE** Higher Education

▲ These courses may be free. Eligibility applies, please see Fees section.

● Material costs/software requirements may apply ● Learner Loan may be available

For all online courses you will need access to a device or tablet and internet access. Our team can also help you in getting started online - please enquire.

CL Keep Your Child Safe Online	BWDN1012	Online	Flexible	18th September	Flexible	1	FREE
CL Keep Your Child Safe Online	BWDN1012	Online	9.30am - 12pm	21st October	WED	1	FREE
CL Keep Your Child Safe Online	BWDN1012	Online	12.15pm - 2.45pm	5th November	THU	1	FREE
CL Let's Engineer	BWDN1014	Online	Flexible	16th September	Flexible	1	FREE
CL Let's Engineer	BWDN1014	Online	4pm - 6.30pm	20th October	TUE	1	FREE
CL Let's Engineer	BWDN1014	Online	4pm - 6.30pm	8th December	TUE	1	FREE
CL Look Who's Talking	BFEN1002	Online	Flexible	14th September	Flexible	5	FREE
CL Look Who's Talking	BFEN1002	Online	9.30am - 12pm	18th September	FRI	5	FREE
CL Look Who's Talking	BFEN1002	Online	12.15pm - 2.45pm	9th November	MON	5	FREE
CL Nature Detectives	BWDN1013	Online	Flexible	14th September	Flexible	1	FREE
CL Playing and Learning at Home	BWDN1010	Online	9.30am - 12pm	14th September	MON	6	FREE
CL Playing and Learning at Home	BWDN1010	Online	6pm - 8.30pm	17th September	THU	6	FREE
CL Playing and Learning at Home	BWDN1010	Online	6pm - 8.30pm	4th November	WED	6	FREE
CL Playing and Learning at Home	BWDN1010	Online	9.30am - 12pm	5th November	THU	6	FREE
CL Science Spectacular	BWDN1015	Online	Flexible	17th September	Flexible	1	FREE
CL Science Spectacular	BWDN1015	Online	4pm - 6.30pm	13th October	TUE	1	FREE
CL Science Spectacular	BWDN1015	Online	4pm - 6.30pm	1st December	TUE	1	FREE

Missed the start date? Don't worry, with our online courses we can offer flexible start dates to suit you - please enquire or enrol online at [www.lal.ac.uk](http://www.lal.ac.uk)





# First Steps to Higher Education

Take your first step towards your future today with Access to Higher Education courses in Business, Health Science, Social Science, Counselling, Mental Health and more. These courses are ideal for those looking to advance their career within their chosen sector.

COURSE	CODE	VENUE	TIMES	DATE	DAY	WEEKS	COST
HE Access to HE (Business)	NAHEF303	Nelson and Colne College	9.30am - 4pm	21st September	MON, THU & FRI	32	£3020 ●
HE Access to HE (Health Science)	AAHEF302	Accrington and Rossendale College	9.30am - 4.30pm	21st September	MON, THU & FRI	34	£3380 ●
HE Access to HE (Social Science)	AAHEF301	Accrington and Rossendale College	9.30am - 4.30pm	21st September	MON, THU & FRI	32	£3380 ●
HE Counselling Skills Level 2 Certificate	AAHEP202	Accrington and Rossendale College	9am - 12pm	28th September	MON	26	£470 ▲
HE Counselling Skills Level 3 Diploma	AAHEP301	Accrington and Rossendale College	9am - 12pm	21st September	MON	32	£2225 ●
HE Counselling Skills Level 3 Diploma	AAHEP301	Accrington and Rossendale College	1pm - 4pm	23rd September	WED	32	£2225 ●
HE Counselling Skills Level 3 Diploma	AAHEP301	Accrington and Rossendale College	9am - 12pm	25th September	FRI	32	£2225 ●
HE Education and Training Award	AAHEP303	Accrington and Rossendale College	9.30am - 12.30pm	15th September	TUE	12	£435 ●
HE Introduction to Academic Studies	AAHEP102	Accrington and Rossendale College	9am - 4pm	18th September	FRI	16	Please enquire ●
HE Supporting Teaching and Learning Level 2 Certificate	AAHEP203	Accrington and Rossendale College	1.30pm - 4.30pm	8th September	TUE	34	£735 ▲
HE Supporting Teaching and Learning Level 3 Diploma	AAHEP304	Accrington and Rossendale College	9.30am - 12.30pm	8th September	TUE	34	£2225 ●
HE Understanding Mental Health Level 3 Certificate	AAHEP302	Accrington and Rossendale College	9.30am - 1.30pm	25th September	FRI	32	£811 ●



Course Type Key: **CL** Community Learning and Skills **SW** Skills for Work **PS** Professional Skills **HE** Higher Education

▲ These courses may be free. Eligibility applies, please see Fees section.

● Material costs/software requirements may apply ● Learner Loan may be available

For all online courses you will need access to a device or tablet and internet access. Our team can also help you in getting started online - please enquire.

ACCRINGTON & ROSSENDALE  
COLLEGE

NELSON & COLNE  
COLLEGE

UNIVERSITY CENTRE

# FAST-TRACK YOUR CAREER WITH A UNIVERSITY LEVEL QUALIFICATION

Courses available for this September and online in the following sectors:

Applied Science | Building and Engineering | Business and Professional Services |  
Education and Childhood Studies | Health and Social Care | Humanities

## APPLY NOW!

[www.nelson.ac.uk](http://www.nelson.ac.uk) or [www.accross.ac.uk](http://www.accross.ac.uk)



**Gain**  
a higher level  
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# Hairdressing and Beauty

*Distinction*  
HAIR & BEAUTY

REFRESH YOUR SKILLS AND  
UNLOCK NEW OPPORTUNITIES

Our commercial salons at Nelson and Colne College and Accrington and Rossendale College provide a real working environment for you to develop vital industry skills. Whether you are looking to gain a professional qualification, or are interested in a bespoke masterclass, we offer a range of Hair and Beauty courses including:

#### Beauty

All Things Brows Masterclass  
Beauty Therapy Techniques  
Gel Polish Masterclass  
Hair Extensions  
Individual Lashes Masterclass  
Introduction to Body Massage  
Introduction to the Hair and Beauty Sector Level 1  
Makeup Techniques including Eye Treatments  
Self Tanning Masterclass  
Waxing Techniques

#### Hair

Barber Professional Level 2  
Barbering Level 3  
Hair Extensions  
Hair Professional Level 2  
Hairdressing Level 3  
Introduction to the Hair and Beauty Sector Level 1  
Long Hair Styling

REGISTER YOUR INTEREST AT

[www.nelson.ac.uk](http://www.nelson.ac.uk) or [www.accross.ac.uk](http://www.accross.ac.uk)

Courses subject to change. Please enquire.

# Health, Safety and First Aid

Develop your skills with our range of courses including Food Safety in Catering, Health and Safety in the Workplace and Lancashire Lifesavers. With the majority of our courses being delivered online, make the most of the opportunity to learn remotely, from wherever is most convenient to you.

	COURSE	CODE	VENUE	TIMES	DATE	DAY	WEEKS	COST	
SW	Food Safety in Catering Level 2 Award	BHBN1066	Online	Flexible	9th September	Flexible	3	£45	▲
SW	Health and Safety in Construction Programme	BFCN1007	The Waterside Centre	9.30am - 4.30pm	25th August	TUE, THU & FRI	1	£150	▲
SW	Health and Safety in the Workplace Level 1	BHBN1058	Online	Flexible	15th September	Flexible	3	£45	▲
CL	Lancashire Lifesavers	BHBN1004	Online	9.30am - 11am	16th October	FRI	1	FREE	
CL	Lancashire Lifesavers	BHBN1004	Online	1pm - 2.30pm	16th October	FRI	1	FREE	
CL	Lancashire Lifesavers	BHBN1004	Online	4pm - 5.30pm	16th October	FRI	1	FREE	
CL	Lancashire Lifesavers	BHBN1004	Online	9.30am - 11am	19th October	MON	1	FREE	
CL	Lancashire Lifesavers	BHBN1004	Online	10am - 11.30am	19th October	MON	1	FREE	
CL	Lancashire Lifesavers	BHBN1004	Online	1pm - 2.30pm	19th October	MON	1	FREE	
CL	Lancashire Lifesavers	BHBN1004	Online	1pm - 2.30pm	20th October	TUE	1	FREE	
CL	Lancashire Lifesavers	BHBN1004	Online	4pm - 5.30pm	21st October	WED	1	FREE	
CL	Lancashire Lifesavers	BHBN1004	Online	6pm - 7.30pm	22nd October	THU	1	FREE	



Course Type Key: CL Community Learning and Skills SW Skills for Work PS Professional Skills HE Higher Education

▲ These courses may be free. Eligibility applies, please see Fees section.

● Material costs/software requirements may apply ● Learner Loan may be available

For all online courses you will need access to a device or tablet and internet access. Our team can also help you in getting started online - please enquire.



In partnership with:



# Health and Social Care Hub

#everydayisdifferent  
when you care.

Increase your knowledge and skills with a Health and Social Care Work Ready course.

Employers from across Lancashire have provided their expert knowledge and input into designing the curriculum so that it perfectly meets employer needs, giving you a unique head start in your career.

As the Health and Social Care sector is predicted to grow across Lancashire, there is no better time to join this industry.

On this course, you will study a range of subjects including: Mental Health Awareness | Equality and Inclusion | Learning Disabilities | Cleaning and Hygiene within Care Settings | Protection and Safeguarding | Emergency First Aid at Work | Practical Infection Prevention | Preparation for Interview Skills Nutrition and Hydration | and much more!

To find out more information or to register your interest visit [www.lal.ac.uk](http://www.lal.ac.uk)

At the end of the programme you will gain a:  
**FREE Enhanced Online DBS Check and a potential interview with an employer**

## Health and Social Care

With a range of courses suited to those who work in or are looking to work in the Health and Social Care sector, from Principles of Dementia to Understanding Children and Young People's Mental Health, we have a course to suit your needs.

COURSE	CODE	VENUE	TIMES	DATE	DAY	WEEKS	COST	
<b>SW</b> Awareness of Protection and Safeguarding Adults, Children and Young People's Settings Level 1	BHBN1103	Online	Flexible	9th September	Flexible	2	£45	▲
<b>HE</b> Counselling Skills Level 2 Certificate	AAHEP202	Accrington and Rossendale College	9am - 12pm	28th September	MON	26	£405	▲
<b>HE</b> Counselling Skills Level 3 Diploma	AAHEP301	Accrington and Rossendale College	9am - 12pm	21st September	MON	32	£2225	▲●
<b>HE</b> Counselling Skills Level 3 Diploma	AAHEP301	Accrington and Rossendale College	1pm - 4pm	23rd September	WED	32	£2225	▲●
<b>HE</b> Counselling Skills Level 3 Diploma	AAHEP301	Accrington and Rossendale College	9am - 12pm	25th September	FRI	32	£2225	▲●
<b>SW</b> Drug and Alcohol Awareness Level 1 Award	BHBN1101	Online	Flexible	10th September	Flexible	6	£95	▲
<b>SW</b> Equality and Diversity at Work Level 1	BHBN1100	Online	Flexible	8th September	Flexible	3	£45	▲
<b>SW</b> Infection Prevention and Control in Health and Social Care Settings	BHBN1104	Online	Flexible	17th September	Flexible	13*	£45	▲
<b>SW</b> Principles of Dementia Care Level 2 Certificate	BHBN1098	Online	Flexible	8th September	Flexible	13*	£230	▲
<b>SW</b> Skills for Working in Health, Lifestyle and Science Industries Extended Award	BHBN1102	Online	Flexible	7th September	Flexible	1	£125	▲
<b>SW</b> Understanding Children and Young People's Mental Health Level 2 Certificate	BHBN1049	Online	Flexible	7th September	Flexible	13*	£230	▲
<b>HE</b> Understanding Mental Health Level 3 Certificate	AAHEP302	Accrington and Rossendale College	9.30am - 1.30pm	25th September	FRI	32	£811	▲●
<b>SW</b> Understanding Safeguarding and Prevent Level 2 Certificate	BHBN1074	Online	Flexible	8th September	Flexible	13*	£230	▲
<b>SW</b> Understanding Working in the Health Sector Level 2 Certificate	BHBN1099	Online	Flexible	9th September	Flexible	13*	£230	▲

Missed the start date? Don't worry, with our online courses we can offer flexible start dates to suit you - please enquire or enrol online at [www.lal.ac.uk](http://www.lal.ac.uk)

\*Depending on the requirements these courses may be shorter than specified



Course Type Key: **CL** Community Learning and Skills **SW** Skills for Work **PS** Professional Skills **HE** Higher Education

▲ These courses may be free. Eligibility applies, please see Fees section.

● Material costs/software requirements may apply ● Learner Loan may be available

For all online courses you will need access to a device or tablet and internet access. Our team can also help you in getting started online - please enquire.



# Health and Wellbeing

Our Health and Wellbeing is more important than ever during this turbulent and unprecedented time. Our courses in Home Exercise, Relaxation Techniques and 5 Ways to Improve Your Mental Wellbeing are a perfect way to boost your physical and mental health.



COURSE	CODE	VENUE	TIMES	DATE	DAY	WEEKS	COST
CL 5 Ways to Improve Your Mental Wellbeing	BHBN1000	Online	9.30am - 11.30am	12th October	MON	2	FREE
CL 5 Ways to Improve Your Mental Wellbeing	BHBN1000	Online	1pm - 3pm	13th October	TUE	2	FREE
CL 5 Ways to Improve Your Mental Wellbeing	BHBN1000	Online	6pm - 8pm	14th October	WED	2	FREE
CL Creative Ways to Improve Your Wellbeing	BHBN1097	Online	1pm - 3pm	9th October	FRI	2	FREE
CL Creative Ways to Improve Your Wellbeing	BHBN1097	Online	1pm - 3pm	12th October	MON	2	FREE
CL Creative Ways to Improve Your Wellbeing	BHBN1097	Online	9.30am - 11.30am	14th October	WED	2	FREE
CL Creative Ways to Improve Your Wellbeing	BHBN1097	Online	6pm - 8pm	4th November	WED	2	FREE
CL Creative Ways to Improve Your Wellbeing	BHBN1097	Online	4pm - 6pm	5th November	THU	2	FREE
CL Introduction to Home Exercise	BHBN1096	Online	1pm - 3pm	13th October	TUE	1	FREE
CL Introduction to Home Exercise	BHBN1096	Online	6pm - 8pm	15th October	THU	1	FREE
CL Introduction to Home Exercise	BHBN1096	Online	10am - 12pm	16th October	FRI	1	FREE
CL It's a Man's Life: Men's Health Awareness	BHBN1003	Online	10am - 12pm	2nd November	MON	2	FREE
CL It's a Man's Life: Men's Health Awareness	BHBN1003	Online	1pm - 3pm	10th November	TUE	2	FREE
CL It's a Man's Life: Men's Health Awareness	BHBN1003	Online	4pm - 6pm	18th November	WED	2	FREE
CL It's a Man's Life: Men's Health Awareness	BHBN1003	Online	6pm - 8pm	26th November	THU	2	FREE
CL Mindfulness Techniques for Everyday Living	BHBN1005	Online	1pm - 3pm	9th October	FRI	2	FREE
CL Mindfulness Techniques for Everyday Living	BHBN1005	Online	6pm - 8pm	12th October	MON	2	FREE
CL Mindfulness Techniques for Everyday Living	BHBN1005	Online	10am - 12pm	13th October	TUE	2	FREE
CL Mindfulness Techniques for Everyday Living	BHBN1005	Online	10am - 12pm	15th October	THU	2	FREE
CL Mindfulness Techniques for Everyday Living	BHBN1005	Online	1pm - 3pm	4th November	WED	2	FREE
CL Mindfulness Techniques for Everyday Living	BHBN1005	Online	10am - 12pm	5th November	THU	2	FREE
CL Mindfulness Techniques for Everyday Living	BHBN1005	Online	1pm - 3pm	6th November	FRI	2	FREE
CL Simple Relaxation Techniques	BHBN1095	Online	10am - 12pm	12th October	MON	2	FREE
CL Simple Relaxation Techniques	BHBN1095	Online	6pm - 8pm	13th October	TUE	2	FREE
CL Simple Relaxation Techniques	BHBN1095	Online	10am - 12pm	4th November	WED	2	FREE
CL Simple Relaxation Techniques	BHBN1095	Online	1pm - 3pm	5th November	THU	2	FREE
CL Simple Relaxation Techniques	BHBN1095	Online	10am - 12pm	6th November	FRI	2	FREE

Course Type Key: CL Community Learning and Skills SW Skills for Work PS Professional Skills HE Higher Education

▲ These courses may be free. Eligibility applies, please see Fees section.

● Material costs/software requirements may apply ● Learner Loan may be available

For all online courses you will need access to a device or tablet and internet access. Our team can also help you in getting started online - please enquire.



# Humanities

Discover Lancashire's Lost Castles or start your Creative Writing journey with one of our online Humanities courses.

COURSE	CODE	VENUE	TIMES	DATE	DAY	WEEKS	COST	
CL Creative Writing for Beginners	BHNN1000	Online	1pm - 3pm	21st September	MON	5	£62	▲
CL Creative Writing Intermediate	BHNN1020	Online	6pm - 8pm	23rd September	WED	10	£124	▲
CL Creative Writing Intermediate	BHNN1020	Online	10am - 12pm	25th September	FRI	10	£124	▲
CL Discover: History of the Medieval Monarchy	BHNN1021	Online	10am - 12pm	21st September	MON	4	£50	▲
CL Discover: The French Revolution	BHNN1017	Online	1pm - 3pm	22nd September	TUE	4	£50	▲
CL Lancashire's Lost Castles	BHNN1022	Online	1pm - 3pm	14th September	MON	1	FREE	
CL Living in Extraordinary Times	BHNN1023	Online	10am - 12pm	23rd September	WED	10	£124	▲
CL Philosophy Intermediate	BHNN1024	Online	10am - 12pm	22nd September	TUE	10	£124	▲
CL Shakespeare's Writing for Beginners	BHNN1005	Online	1pm - 3pm	16th September	WED	1	FREE	



Course Type Key: **CL** Community Learning and Skills **SW** Skills for Work **PS** Professional Skills **HE** Higher Education

▲ These courses may be free. Eligibility applies, please see Fees section.

● Material costs/software requirements may apply ● Learner Loan may be available

For all online courses you will need access to a device or tablet and internet access. Our team can also help you in getting started online - please enquire.

# ICT and Digital

As the world moves more online, develop and improve your Digital skills with a range of courses including Introduction to Google Suite and Microsoft, as well as How To Use Your Tablet. Take your business advertising to the next level with Social Marketing for Business.

COURSE	CODE	VENUE	TIMES	DATE	DAY	WEEKS	COST	
CL Introduction to Google Suite	BICN1008	Online	Flexible	18th September	Flexible	4	FREE	
CL Introduction to Microsoft Excel	BICN1004	Online	Flexible	18th September	Flexible	4	FREE	
CL Introduction to Microsoft Powerpoint	BICN1006	Online	Flexible	17th September	Flexible	4	FREE	
CL Introduction to Microsoft Publisher	BICN1007	Online	Flexible	18th September	Flexible	4	FREE	
CL Introduction to Microsoft Word	BICN1005	Online	Flexible	14th September	Flexible	4	FREE	
CL Introduction to Using a Tablet	BICN1015	Online	Flexible	16th September	Flexible	4	FREE	
CL Introduction to Using a Tablet	BICN1015	Online	1pm - 3.30pm	1st October	THU	4	FREE	
CL Introduction to Using a Tablet	BICN1015	Online	9.30am - 12pm	25th November	WED	4	FREE	
CL Introduction to Using an iPad	BICN1014	Online	Flexible	15th September	Flexible	4	FREE	
CL Introduction to Using an iPad	BICN1014	Online	9.30am - 12pm	21st September	MON	4	FREE	
CL Introduction to Using an iPad	BICN1014	Online	9.30am - 12pm	9th November	MON	4	FREE	
CL Introduction to Web Design	BICN1013	Online	Flexible	16th September	Flexible	2	FREE	
CL Introduction to Web Design	BICN1013	Online	6pm - 9pm	14th October	WED	2	FREE	
CL Introduction to Web Design	BICN1013	Online	6pm - 9pm	7th December	MON	2	FREE	
CL Using Microsoft Outlook	BICN1010	Online	Flexible	18th September	Flexible	2	FREE	
CL Using Microsoft Teams	BICN1009	Online	Flexible	17th September	Flexible	2	FREE	
CL Using Social Marketing for Business	BICN1012	Online	Flexible	18th September	Flexible	2	FREE	
CL Using Social Marketing for Business	BICN1012	Online	6pm - 9pm	6th October	TUE	2	FREE	
CL Using Social Marketing for Business	BICN1012	Online	6pm - 9pm	23rd November	MON	2	FREE	

Missed the start date? Don't worry, with our online courses we can offer flexible start dates to suit you - please enquire or enrol online at [www.lal.ac.uk](http://www.lal.ac.uk)

## Essential Digital Skills

Short courses to get confident and be safe online.  
Find out more on the next page.



## Essential Digital Skills

Do you need to improve your ICT skills? Do you want to boost your employment prospects?

We offer a range of FREE courses to help you get confident online. These vital skills are designed for life, work, or to support if you are looking for employment.

Our courses are short and flexible and are offered across the county in various venues and online.

Your tailored programme may include nationally recognised qualifications where appropriate, such as ICT Functional Skills Level 2.

**These courses will cover five key digital areas:** Communicating | Handling Information and Content | Transacting | Problem Solving | Being Safe and Legal Online

Enquire today to get started  
[www.lal.ac.uk](http://www.lal.ac.uk)

An assessment will be required to help us tailor the programme to your needs.



# Languages

Learn or improve your language skills with one of our online Language courses or sign up to prepare for the winter season with a taste of France, Germany, Italy or Spain at Christmas

## French

COURSE	CODE	VENUE	TIMES	DATE	DAY	WEEKS	COST
CL A Taste of France at Christmas	BLGN1057	Online	10am - 12pm	9th December	WED	1	FREE
CL A Taste of France at Christmas	BLGN1057	Online	10am - 12pm	11th December	FRI	1	FREE
CL A Taste of France: Language, Food and Lifestyle	BLGN1037	Online	10am - 12pm	16th September	WED	1	FREE
CL A Taste of France: Language, Food and Lifestyle	BLGN1037	Online	10am - 12pm	17th September	THU	1	FREE
CL Discover: French Regions and Cultures	BLGN1061	Online	6pm - 8pm	23rd September	WED	4	£50 ▲
CL French Beginners Term 1	BLGN1002	Online	1pm - 3pm	21st September	MON	5	£62 ▲
CL French Beginners Term 1	BLGN1002	Online	3.30pm - 5.30pm	24th September	THU	5	£62 ▲
CL French Improvers Term 1	BLGN1001	Online	10am - 12pm	22nd September	TUE	11	£136 ▲
CL French Improvers Term 1	BLGN1001	Online	10am - 12pm	25th September	FRI	9	£112 ▲
CL French Intermediate Term 1	BLGN1007	Online	10am - 12pm	21st September	MON	11	£136 ▲
CL French Post-Intermediate Term 1	BLGN1005	Online	10am - 12pm	24th September	THU	10	£124 ▲

## German

COURSE	CODE	VENUE	TIMES	DATE	DAY	WEEKS	COST
CL A Taste of Germany at Christmas	BLGN1013	Online	10am - 12pm	8th December	TUE	1	FREE
CL A Taste of Germany at Christmas	BLGN1013	Online	9.30am - 11.30am	9th December	WED	1	FREE
CL A Taste of Germany at Christmas	BLGN1013	Online	6.30pm - 8.30pm	10th December	THU	1	FREE
CL German Improvers Term 1	BLGN1014	Online	6.30pm - 8.30pm	21st September	MON	11	£136 ▲
CL German Improvers Term 1	BLGN1014	Online	1pm - 3pm	22nd September	TUE	10	£124 ▲
CL German Intermediate Term 1	BLGN1017	Online	10am - 12pm	22nd September	TUE	10	£124 ▲
CL German Post-Intermediate Term 1	BLGN1016	Online	6.30pm - 8.30pm	24th September	THU	10	£124 ▲
CL German Pre-Intermediate Term 1	BLGN1011	Online	9.30am - 11.30am	23rd September	WED	10	£124 ▲

Course Type Key: CL Community Learning and Skills SW Skills for Work PS Professional Skills HE Higher Education

▲ These courses may be free. Eligibility applies, please see Fees section.

● Material costs/software requirements may apply ● Learner Loan may be available

For all online courses you will need access to a device or tablet and internet access. Our team can also help you in getting started online - please enquire.



## Italian

COURSE	CODE	VENUE	TIMES	DATE	DAY	WEEKS	COST
CL A Taste of Italy at Christmas	BLGN1058	Online	6pm - 8pm	7th December	MON	1	FREE
CL A Taste of Italy at Christmas	BLGN1058	Online	1pm - 3pm	8th December	TUE	1	FREE
CL Discover: An Italian Night In	BLGN1060	Online	1pm - 3pm	16th September	WED	1	FREE
CL Discover: Italian Culture and Lifestyle	BLGN1053	Online	1pm - 3pm	15th September	TUE	1	FREE
CL Discover: Italian Regions and Culture	BLGN1062	Online	10am - 12pm	23rd September	WED	4	£50 ▲
CL Italian Beginners Term 1	BLGN1022	Online	6pm - 8pm	21st September	MON	5	£62 ▲
CL Italian Beginners Term 1	BLGN1022	Online	1pm - 3pm	22nd September	TUE	5	£62 ▲
CL Italian Improvers Term 1	BLGN1020	Online	10am - 12pm	22nd September	TUE	10	£124 ▲
CL Italian Improvers Term 1	BLGN1020	Online	1pm - 3pm	22nd September	TUE	11	£136 ▲
CL Italian Improvers Term 1	BLGN1020	Online	1pm - 3pm	24th September	THU	11	£136 ▲
CL Italian Intermediate Term 1	BLGN1024	Online	6pm - 8pm	22nd September	TUE	11	£136 ▲

## Latin

COURSE	CODE	VENUE	TIMES	DATE	DAY	WEEKS	COST
CL Latin Pre-Intermediate Term 1	BLGN1021	Online	1pm - 3pm	24th September	THU	11	£136 ▲



Course Type Key: **CL** Community Learning and Skills **SW** Skills for Work **PS** Professional Skills **HE** Higher Education

▲ These courses may be free. Eligibility applies, please see Fees section.

● Material costs/software requirements may apply ● Learner Loan may be available

For all online courses you will need access to a device or tablet and internet access. Our team can also help you in getting started online - please enquire.

## Spanish

COURSE	CODE	VENUE	TIMES	DATE	DAY	WEEKS	COST
CL A Taste of Spain at Christmas	BLGN1059	Online	6pm - 8pm	7th December	MON	1	FREE
CL A Taste of Spain at Christmas	BLGN1059	Online	1pm - 3pm	8th December	TUE	1	FREE
CL A Taste of Spain at Christmas	BLGN1059	Online	10am - 12pm	11th December	FRI	1	FREE
CL Discover: Latin American Spanish Conversation and Culture	BLGN1054	Online	10am - 12pm	23rd September	WED	11	£136 ▲
CL Speak Spanish: A Journey for Beginners	BLGN1056	Online	6pm - 8pm	6th August	THU	4	£50 ▲
CL Spanish Beginners Term 1	BLGN1028	Online	6pm - 8pm	23rd September	WED	5	£62 ▲
CL Spanish Beginners Term 1	BLGN1028	Online	11am - 1pm	24th September	THU	5	£62 ▲
CL Spanish Beginners Term 1	BLGN1028	Online	6pm - 8pm	24th September	THU	5	£62 ▲
CL Spanish Beginners Term 1	BLGN1028	Online	9am - 11am	25th September	FRI	4	£50 ▲
CL Spanish Improvers Term 1	BLGN1032	Online	6pm - 8pm	21st September	MON	10	£124 ▲
CL Spanish Improvers Term 1	BLGN1032	Online	6.30pm - 8.30pm	21st September	MON	11	£136 ▲
CL Spanish Improvers Term 1	BLGN1032	Online	1pm - 3pm	22nd September	TUE	11	£136 ▲
CL Spanish Improvers Term 1	BLGN1032	Online	10am - 12pm	25th September	FRI	9	£112 ▲
CL Spanish Intermediate Term 1	BLGN1030	Online	10am - 12pm	22nd September	TUE	10	£124 ▲
CL Spanish Intermediate Term 1	BLGN1030	Online	11am - 1pm	22nd September	TUE	11	£136 ▲
CL Spanish Pre-Intermediate Term 1	BLGN1035	Online	9am - 11am	22nd September	TUE	11	£136 ▲
CL Spanish Pre-Intermediate Term 1	BLGN1035	Online	1pm - 3pm	22nd September	TUE	10	£124 ▲
CL Spanish Pre-Intermediate Term 1	BLGN1035	Online	6.30pm - 8.30pm	24th September	THU	11	£136 ▲
CL Spanish Post-Intermediate Term 1	BLGN1033	Online	10am - 12pm	23rd September	WED	10	£124 ▲
CL Spanish Post-Intermediate Term 1	BLGN1033	Online	10am - 12pm	24th September	THU	11	£136 ▲
CL Spanish Conversation (Advanced) Term 1	BLGN1034	Online	9am - 11am	24th September	THU	11	£136 ▲

**1** **Beginners**  
Suitable for complete beginners who have never previously studied the language

**2** **Improvers**  
Suitable for those who have some previous knowledge of the language and want to improve on existing language skills

**3** **Pre-Intermediate**  
Suitable for those who have completed the Improvers course or who have previously studied the language for one to two years

**4** **Intermediate**  
Suitable for those who have completed the Pre-Intermediate course or who have previously studied the language for approximately three years

**5** **Post-Intermediate**  
Suitable for those who have completed the Intermediate course or who have previously studied the language for approximately four years

**6** **Advanced/Conversational**  
Suitable for those who have completed the Post-Intermediate course or who have previously studied the language for approximately five years





Functional Skills

# Maths and English

## Maths or English holding you back? Need to boost your employment prospects?

We offer short, flexible **FREE** Functional Skills Maths and English courses across Lancashire at a wide range of venues, which will help you develop skills for life, work or if you are looking for employment. There are two programmes available, to include:

### NEW Online Fast-Track Programme

Upgrade your skills in just 10 weeks and from the comfort of your own home!  
(available for Level 1 and 2 programmes)\*

### Community Learning

Courses delivered in a range of venues across Lancashire  
(available for Entry to Level 2 programmes)

Whichever programme you choose there will be a range of resources, tutorials and 1:1 support available to help you along the way.

\*For all our online courses you will require access to a PC or laptop and internet. Places on the fast-track programme are limited and subject to eligibility. You will not have already achieved a Level 2 qualification in these areas.

## GCSE Maths or English

Require essential GCSE qualifications in Maths or English to progress? Available this September at one of our college campuses. Please enquire.

Part-time | £415 ▲

Assessment required.

## Science

Get started with GCSE Biology and advance your career prospects.

COURSE	CODE	VENUE	TIMES	DATE	DAY	WEEKS	COST
PS Biology GCSE	NSCIP201	Accrington and Rossendale College	6pm - 9pm	8th September	TUE	32	£241 ▲
PS Biology GCSE	NSCIP201	Nelson and Colne College	6pm - 9pm	10th September	THU	32	£241 ▲

## Sport

Earn your Fitness Instructing Level 2 Certificate or Personal Training Level 3 and go further with your career in Sport this September.

COURSE	CODE	VENUE	TIMES	DATE	DAY	WEEKS	COST
PS Fitness Instructing Level 2 Certificate	ASPOP201	Accrington and Rossendale College	6pm - 9pm	14th September	MON	18	£315 ▲
PS Personal Training Level 3	ASPOP301	Accrington and Rossendale College	6pm - 9pm	15th September	TUE	32	£1417 ●



Course Type Key: **CL** Community Learning and Skills **SW** Skills for Work **PS** Professional Skills **HE** Higher Education

▲ These courses may be free. Eligibility applies, please see Fees section.

● Material costs/software requirements may apply ● Learner Loan may be available

For all online courses you will need access to a device or tablet and internet access. Our team can also help you in getting started online - please enquire.



# Teaching

Teaching can be a rewarding career path. With a range of courses available to you this Autumn, now is the time to start your journey to teaching. Please apply online for these courses at [www.nelson.ac.uk](http://www.nelson.ac.uk) or [www.accross.ac.uk](http://www.accross.ac.uk)

COURSE	CODE	VENUE	TIMES	DATE	DAY	WEEKS	COST
HE Education and Training Award	AAHEP303	Accrington and Rossendale College	9.30am - 12.30pm	15th September	TUE	12	£435 ▲
HE Supporting Teaching and Learning Level 2 Certificate	AAHEP203	Accrington and Rossendale College	1.30pm - 4.30pm	8th September	TUE	34	£735 ▲
HE Supporting Teaching and Learning Level 3 Diploma	AAHEP304	Accrington and Rossendale College	9.30am - 12.30pm	8th September	TUE	34	£2225 ▲●

## Learn to teach!

### PGCE and Cert Ed

Over 40 placement available for this September!

Programme designed for those looking to teach in Further, Higher or Adult Education.

Flexible delivery with placement support

**Limited offer** - bursaries available up to £26k\*. Don't miss out!

HE loans available

## Learn now, pay later

\*subject to eligibility

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APPRENTICESHIPS

## APPRENTICESHIPS AREN'T JUST FOR YOUNG PEOPLE!

Each year hundreds of thousands of adults gain the skills and qualifications they need to progress and increase their earning power through an Adult Apprenticeship.

## RECRUITING NOW ACROSS A WIDE RANGE OF SECTORS

Business and Professional Services | Catering and Hospitality | Education and Childcare | Construction and Motor Vehicle | Engineering and Manufacturing | Hairdressing and Beauty | Health and Social Care | Retail, Sales and Customer Services | Sport and Leisure

[www.nelson.ac.uk](http://www.nelson.ac.uk) | [www.accross.ac.uk](http://www.accross.ac.uk)



Your future, your way. ▶



# Volunteering

Volunteering has never been so important!

Are you a community group, project or charity that works with volunteers? Are you looking to start your own community group, but don't know where to start? Or are you an existing volunteer, looking to boost your skills?

We can deliver FREE online volunteer training. We offer flexible provision covering a range of areas and can work with you to design a tailor-made programme to suit your needs.

We have programmes for:

### Individuals

See our list of online courses available for this autumn opposite or contact us for one-to-one advice and support.

### Volunteering Groups

Contact us for advice and support about how to develop your project or on how to get started.

### Organisations, Charities & Community Groups

We offer flexible provision covering a range of areas including: Hygiene and Infection Control in Your Community Setting | Risk Assessment | Introduction to Conflict Management | Customer Service | Mentoring First Aid | Food Safety | Health and Safety | Equality and Diversity | Internet Safety and Social Media Volunteer Coordinator Training | Award in Volunteering Develop a Community Project | Safe and Sound



### You can volunteer with:

- Community Groups
- Police
- Digital Champions
- Befriending
- Libraries
- Homes for Older People
- Museums
- Fire and Rescue

In partnership with:



## Volunteering Online Courses

COURSE	CODE	VENUE	TIMES	DATE	DAY	WEEKS	COST
CL Befriending Series	BCVN1005	Online	Flexible	7th September	Flexible	3	FREE
CL Bitesize: Risk Assessment	BCVN1008	Online	10.30am - 12pm	9th September	WED	1	FREE
CL Bitesize: Risk Assessment	BCVN1008	Online	10.30am - 12pm	4th November	WED	1	FREE
CL Developing a Community Project	BCVN1006	Online	Flexible	7th September	Flexible	6	FREE
SW Get into Mentoring	BCVN1002	Online	Flexible	7th September	Flexible	2	FREE
CL Get into Volunteering - South Ribble	BCVN1001	Online	11am - 12pm	7th September	MON	1	FREE
CL Get into Volunteering - West Lancashire	BCVN1001	Online	11am - 12pm	8th September	TUE	1	FREE
CL Get into Volunteering - Hyndburn and Ribble Valley	BCVN1001	Online	2pm - 3pm	8th September	TUE	1	FREE
CL Get into Volunteering - Lancaster and Morecambe	BCVN1001	Online	11am - 12pm	9th September	WED	1	FREE
CL Get into Volunteering - Chorley	BCVN1001	Online	11am - 12pm	10th September	THU	1	FREE
CL Get into Volunteering - Burnley, Pendle and Rossendale	BCVN1001	Online	1pm - 2pm	11th September	FRI	1	FREE
CL Get into Volunteering - Preston	BCVN1001	Online	11am - 12pm	3rd November	TUE	1	FREE
CL Get into Volunteering - Various	BCVN1001	Online	2pm - 3pm	3rd November	TUE	1	FREE
CL Get into Volunteering - Various	BCVN1001	Online	2pm - 3pm	4th November	WED	1	FREE
CL Volunteer Coordinator Training	BCVN1007	Online	Flexible	10th September	Flexible	6	FREE
SW Volunteer Training Programme	BCVN1003	Online	Flexible	15th September	Flexible	6	FREE
SW Volunteer Training Programme	BCVN1003	Online	Flexible	10th November	Flexible	6	FREE
SW Volunteering Award	BCVN1004	Online	Flexible	7th September	Flexible	6	FREE

Missed the start date? Don't worry, with our online courses we can offer flexible start dates to suit you - please enquire or enrol online at [www.lal.ac.uk](http://www.lal.ac.uk)

Course Type Key: CL Community Learning and Skills SW Skills for Work PS Professional Skills HE Higher Education

▲ These courses may be free. Eligibility applies, please see Fees section.

● Material costs/software requirements may apply ● Learner Loan may be available

For all online courses you will need access to a device or tablet and internet access. Our team can also help you in getting started online - please enquire.



# Enrolling, Support and Guidance

## How to Enrol

**Found a course that you would like to try?  
Enrolling is easy.**

### Ways to Enrol

You can enrol online at [www.lal.ac.uk](http://www.lal.ac.uk) or you can call us on: **0333 003 1717**

### What you need to enrol

- Details of the course(s) you are interested in
- Payment for your course
- Proof of benefits if you are applying for fee remission

## Can I get help with my fees?

For some courses full fee remission may be available if you are:

In receipt of;

- Jobseeker's Allowance
- Employment and Support Allowance
- Universal Credit
- Another state benefit (conditions apply)
- Studying for your first full Level 2 qualification on an eligible course
- Aged 19-23 and studying for your first full Level 3 qualification on an eligible course

In addition, fee remission may apply for those in employment with gross annual income of less than £17,000, for some Level 1 and 2 programmes, please enquire.

Eligible learners can attend a maximum of two fee remitted courses each year and must show proof of their benefits at enrolment.

To view our refund policy, please visit our websites at [www.lal.ac.uk](http://www.lal.ac.uk), [www.nelson.ac.uk](http://www.nelson.ac.uk) or [www.accross.ac.uk](http://www.accross.ac.uk)

### Time Credits

Time Credits can be used as full payment for Community Learning and Skills courses. For more information on the Time Credits scheme, head to: [www.timecredits.com](http://www.timecredits.com)

## How to Pay

You can pay by VISA, Mastercard, cheque, or cash. Payments in instalments may be available for some courses. Please enquire for further details.

Please note an additional charge will be applied for courses which carry material costs.

### Loans

For some of our professional qualifications marked in this guide, learners can apply for loans to cover the costs of their course. The following loans may be available for you to apply for:

**HE Loans:** [www.slc.co.uk](http://www.slc.co.uk)

**Advanced Learner Loans:**  
[www.gov.uk/advancedlearner-loan](http://www.gov.uk/advancedlearner-loan)

Please enquire for more information.

### Higher Education

☎ 0333 003 1717

✉ [he@accross.ac.uk](mailto:he@accross.ac.uk)

### Nelson and Colne College

☎ 01282 440 209

✉ [studentservices@nelsongroup.ac.uk](mailto:studentservices@nelsongroup.ac.uk)

### Accrington and Rossendale College

☎ 01254 354 143

✉ [studentservices@nelsongroup.ac.uk](mailto:studentservices@nelsongroup.ac.uk)

## Additional Learning Support

### Need support with learning?

We have a dedicated team of professionals who support learners with any disability or learning support needs. Our team is committed to ensuring that every learner has the support and resources to achieve their full potential. Whether you have a special educational need or a disability, the ALS team will be there for you every step of the way, providing tailored support to help you get the most out of learning.

If you have a physical disability, visual impairment or hearing impairment, we will do our best to provide you with all the support, equipment, access and learning resources you might need throughout your time with us. This support is confidential and information provided will only be shared with the appropriate professionals to meet your individual needs.

If you have a learning difficulty or disability, for example, Dyslexia, Dyspraxia or Asperger Syndrome, we have specialist teams of staff who will be able to support you throughout your time at our college.

If you have learning support needs, please mention this when you enrol onto your course, to your teacher, or during your interview. A member of our Additional Learning Support Team will then contact you to discuss your needs and ensure that the appropriate support is in place for the start of your course.

### Lancashire Adult Learning

☎ 0333 003 1717 ✉ [als@lal.ac.uk](mailto:als@lal.ac.uk)

### Nelson and Colne College

☎ 01282 440 210 ✉ [als@nelson.ac.uk](mailto:als@nelson.ac.uk)

### Accrington and Rossendale College

☎ 01254 354 050 ✉ [lsupport@accross.ac.uk](mailto:lsupport@accross.ac.uk)

## Information, Advice and Guidance

### Would you like some advice about a course or guidance on starting a new career?

Our expert team provide FREE, impartial and confidential support with:

- Choosing the right qualification
- Careers advice and CV development
- Understanding Labour Market Information
- Exploring career options, employment, Apprenticeship, university or volunteering opportunities

Our advice is free to all adults aged 19 years and over in Lancashire. Please contact any of our Careers Zone advisers for further assistance:

### Lancashire Adult Learning

✉ [iag@careers@lal.ac.uk](mailto:iag@careers@lal.ac.uk)

### Nelson and Colne College

✉ [careerszone@nelson.ac.uk](mailto:careerszone@nelson.ac.uk)

### Accrington and Rossendale College

✉ [info@accross.ac.uk](mailto:info@accross.ac.uk)



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All details are correct at the time of print. Courses may change or be cancelled subject to demand. For the latest information, please visit [www.lal.ac.uk](http://www.lal.ac.uk), [www.nelson.ac.uk](http://www.nelson.ac.uk) or [www.accross.ac.uk](http://www.accross.ac.uk)

Please book early to avoid disappointment.